

AUGUST MONTHLY PLANNER PAGES

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AUGUST



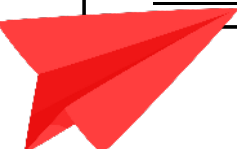
SUN	MON	TUE	WED	THU	FRI	SAT

MONTHLY glance



TOP 3

Three horizontal lines for writing, each preceded by a small grey dot.

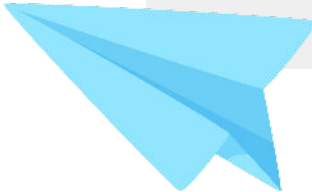


Eight horizontal lines for writing, each preceded by a small grey circle.



NOTES

Large grey rectangular area for taking notes.



S	M	T	W	T	F	S

WEEKLY EVENTS

Seven horizontal lines for writing, each preceded by a small grey rectangle containing a slash (/).



WEEKLY glance



MON

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TUE

		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
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WED

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THU

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FRI

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SAT

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SUN

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NOTES:

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WEEKLY planner



What do I want to focus on this week?

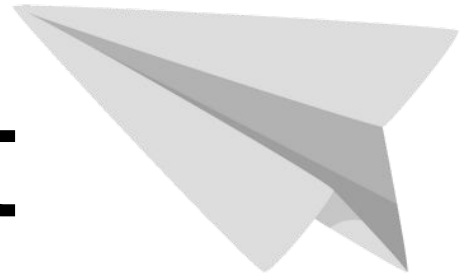
S	M	T	W	T	F	S

Quote of the Week

I am grateful for:

Remember to celebrate my wins this week:

WEEKLY to do list



MONDAY

--



TUESDAY

--



WEDNESDAY

--



THURSDAY

--



FRIDAY

--



SATURDAY

--



SUNDAY

--

■	_____
■	_____
■	_____
■	_____
■	_____
■	_____
■	_____
■	_____



HABIT tracker



HABIT

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HABIT

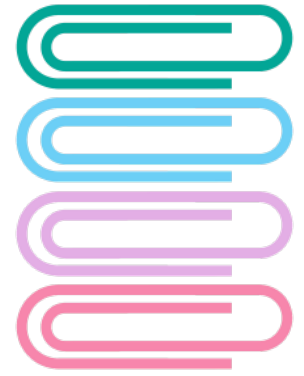
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HABIT

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WEEKLY gratitude



Today I am grateful for:

01

02

03

04

05

06

07

GOAL tracker



GOAL

STEPS	M	T	W	T	F	S	S	✓

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____



WHAT WORKED



WHAT DID NOT WORK



NEXT TIME



I WILL CHANGE...

NOTES



